



## Trust-Education Group Ltd

### Structure of the Day

Our daily routine provides pupils with clear structure, time for wellbeing, and a balance of academic, vocational, and enrichment learning.

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Time	Activity	Description
<b>9:10 – 9:20 AM</b>	Breakfast	A healthy breakfast to prepare pupils for learning.
<b>9:20 – 9:30 AM</b>	Form Time / Check-In	Daily check-in with tutors to settle into the day.
<b>9:30 – 10:20 AM</b>	Lesson 1	Academic, vocational, or enrichment subject.
<b>10:20 – 11:10 AM</b>	Lesson 2	Academic, vocational, or enrichment subject.
<b>11:10 – 11:20 AM</b>	Morning Break	Supervised refreshment and social time.
<b>11:20 – 12:10 PM</b>	Lesson 3	Academic, vocational, or enrichment subject.
<b>12:10 – 12:40 PM</b>	Lunch	30-minute supervised lunch break.
<b>12:40 – 1:30 PM</b>	Lesson 4	Academic, vocational, or enrichment subject.
<b>1:30 – 2:20 PM</b>	Lesson 5	Academic, vocational, or enrichment subject.
<b>2:20 – 2:30 PM</b>	End of Day	Learners prepare to leave school with <b>Key Worker support</b> and reflection on the day.
Time	Activity	Description
<b>9:10 – 9:20 AM</b>	Breakfast	A healthy breakfast to prepare pupils for learning.

## Key Features of the Day

- **50 minute lessons** provide consistent focus and learning time, whilst also allowing for sensory breaks, reset time, sensory regulation, and one-to-one support if required.
- **Breakfast provided daily** to ensure pupils start the day ready to learn.
- **Form/check-in time** helps pupils settle and organise for the day.
- **Break and 30-minute lunch** support social interaction and wellbeing.
- **One-hour lessons** provide consistent focus and learning time, while also allowing for sensory breaks, reset time, sensory regulation, and one-to-one support if required.
- **Pastoral time** is allocated based on individual learner needs.
- **Key worker time** is typically 15 minutes but can be adjusted according to need.
- **Assemblies** will be held once a week for each year group.
- **Drop Everything and Read (DEAR)** is encouraged during form time.
- **School finishes at 2:30pm** to support wellbeing and transport arrangements.