

## Safeguarding Guide for Parents

**“Safeguarding is everyone’s responsibility.”**

**Trust Education Group**



### **Designated Safeguarding Lead**

**Katie Everson**

Email: [safeguarding@trustededucation.group](mailto:safeguarding@trustededucation.group)

Tel: 07984 173654



### **Deputy Safeguarding Lead**

**Melissa Wainman**

Email: [safeguarding@trustededucation.group](mailto:safeguarding@trustededucation.group)

Tel: 07984 174229

## **1. Know what safeguarding means**

- Safeguarding = keeping children safe, happy, and protected from harm.
- Child protection = taking action if abuse or neglect happens.

## **2. Be aware of the main types of abuse**

- Physical abuse – hitting, shaking, hurting.
- Emotional abuse – constant criticism, threats, rejection.
- Sexual abuse – inappropriate touching, grooming, exploitation.
- Neglect – not meeting a child’s basic needs (food, clothing, care).
- Other risks – online exploitation, bullying, forced marriage, FGM, trafficking, radicalisation, modern slavery, child-on-child abuse.

## **3. Spot the warning signs**

- Sudden changes in behaviour or mood
- Unexplained injuries
- Fearfulness or withdrawal
- Signs of control by others
- Excessive time online, secrecy, or unsafe internet use

#### **4. Teach your child to stay safe**

- Encourage open conversations: let them Tell, Explain, Describe (TED) their worries.
- Talk about healthy relationships, respect, and online safety.
- Teach correct body part names so they can explain clearly if something happens.

#### **5. Know who to contact**

- If you're worried about a child at Trust Education Group:
- Contact the Designated Safeguarding Lead (DSL): Katie Everson (Head of School)  
Email:safeguarding@trustededucation.group  
Tel: 07984 173654
- If Katie is unavailable, ask for Melissa Wainman (Deputy DSL).  
Email: safeguarding@trustededucation.group  
Tel: 07984 174229

#### **6. Act quickly in emergencies**

- If a child is in immediate danger, call 999.
- You can also contact Lancashire Children's Social Care directly on 0300 123 6720

#### **7. Keep it confidential**

- Only share safeguarding concerns with the DSL, police, or social care.
- Do not confront alleged abusers yourself.

#### **8. Work with the school**

- Trust Education provides training, online safety systems, and support.
- Safeguarding is discussed regularly with staff and monitored closely.
- Parents are encouraged to raise concerns early; no worry is too small.

#### **9. Stay informed**

- Read school updates on safeguarding, anti-bullying, and online safety.
- Ask for RSHE (Relationships, Sex and Health Education) materials if you want to see what your child is being taught.
- Learn about online risks, scams, and misinformation so you can guide your child.

#### **10. Remember**

- Safeguarding is about prevention, protection, and partnership.
- Children feel safest when parents, schools, and communities work together.