



Trust-Education Group Ltd

Structure of the Day

Our daily routine provides pupils with clear structure, time for wellbeing, and a balance of academic, vocational, and enrichment learning.

Time	Activity	Description
9:10 – 9:20 AM	Breakfast	A healthy breakfast to prepare pupils for learning.
9:20 – 9:30 AM	Form Time / Check-In	Daily check-in with tutors to settle into the day.
9:30 – 10:20 AM	Lesson 1	Academic, vocational, or enrichment subject.
10:20 – 11:10 AM	Lesson 2	Academic, vocational, or enrichment subject.
11:10 – 11:20 AM	Morning Break	Supervised refreshment and social time.
11:20 – 12:10 PM	Lesson 3	Academic, vocational, or enrichment subject.
12:10 – 12:40 PM	Lunch	30-minute supervised lunch break.
12:40 – 1:30 PM	Lesson 4	Academic, vocational, or enrichment subject.
1:30 – 2:20 PM	Lesson 5	Academic, vocational, or enrichment subject.
2:20 – 2:30 PM	End of Day	Learners prepare to leave school with Key Worker support and reflection on the day.

Key Features of the Day

- **One-hour lessons** provide consistent focus and learning time, whilst also allowing for sensory breaks, reset time, sensory regulation, and one-to-one support if required.
- **Breakfast provided daily** to ensure pupils start the day ready to learn.
- **Form/check-in time** helps pupils settle and organise for the day.
- **Break and 30-minute lunch** support social interaction and wellbeing.
- **One-hour lessons** provide consistent focus and learning time, while also allowing for sensory breaks, reset time, sensory regulation, and one-to-one support if required.
- **Pastoral time** is allocated based on individual learner needs.
- **Key worker time** is typically 15 minutes but can be adjusted according to need.
- **Assemblies** will be held once a week for each year group.
- **Drop Everything and Read (DEAR)** is encouraged during form time.
- **School finishes at 2:30pm** to support wellbeing and transport arrangements.