

Anti-Bullying Guide for Parents/Guardians

Trust-Education Group Ltd

At **Trust-Education Group Ltd**, we are committed to creating a safe, respectful, and inclusive environment where every young person — especially those with Social, Emotional and Mental Health (SEMH) needs — can achieve and feel valued.

Bullying in any form is not tolerated. Our approach is focused on **prevention, early support, and working together** with families to resolve concerns.

What Do We Mean by Bullying?

Bullying is when someone is **deliberately and repeatedly unkind or hurtful** to another person, often when there is an imbalance of power.

It can take many forms:

- **Physical:** hitting, pushing, damaging belongings
- **Verbal:** name-calling, teasing, threats
- **Emotional:** excluding others, spreading rumours
- **Online (cyberbullying):** hurtful messages or images shared digitally
- **Discriminatory:** targeting someone because of race, gender, disability, religion, or other differences
- **Sexual:** inappropriate comments or unwanted behaviour

It is important to note that **not all arguments or friendship fallouts are bullying**. Our trained staff carefully assess each situation to respond fairly and appropriately.

How We Help Prevent Bullying

- Lessons in **PSHCE** to build empathy, friendships, and conflict resolution skills
- Assemblies, projects, and displays that celebrate kindness and diversity

- Staff presence and supervision in corridors, playgrounds, and other key areas
- **Worry boxes** and safe spaces for confidential reporting
- Positive recognition and rewards through **ClassCharts**
- Annual **Anti-Bullying Week** and regular opportunities for pupils to share their views



How Pupils Can Share Concerns

We encourage pupils to speak out in whichever way feels safest to them:

- Talk to a trusted adult or their key worker
- Use the worry box
- Report through ClassCharts
- Speak with a peer mentor

Every report is taken seriously and followed up promptly.



What Happens if Bullying is Reported?

- A sensitive investigation led by staff or a **Designated Safeguarding Lead (DSL)**
- Support for both the child affected and the child displaying bullying behaviour
- Restorative meetings where appropriate to rebuild relationships
- Behaviour guidance, consequences, and ongoing monitoring
- Parents and carers kept informed and involved throughout



Support for Pupils

Depending on need, we can provide:

- Daily check-ins with key workers
 - Sessions to build emotional regulation and resilience
 - One-to-one support or therapy
 - **Pastoral Support Plans** and pupil passports for personalised strategies
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Working Together with Parents & Carers

We know that the best way to keep children safe and happy is through partnership. You can help by:

- Talking openly with your child about school life and friendships
- Reporting any concerns quickly to your child's key worker or a DSL
- Reinforcing positive behaviour messages at home

Contact Us

If you have concerns or questions, please contact our Designated Safeguarding Leads:

- **Katie Everson**
- **Melissa Wainman**

 **Telephone:** 07984 174 229

 **Email:** safeguarding@trustededucation.group

Together, we will make sure every child feels safe, supported, and able to succeed.